

**Would you like to have...?**

- better **focus and concentration**
- **balance** and coordination
- emotional **stability**
- more **self-confidence**
- ability to **deal with changes**
- a **sense of achievement** by completing tasks

**Did you already know... ?**

- We all have **19 'early childhood reflexes'**.
- Up to the age of 3 years, the reflexes are **de-stressed by autonomous movements**.
- In some cases, the movements have not taken place and the **reflexes are still active**.
- Active reflexes can **cause a variety of symptoms and problems**.

**The solution: KinFlex® reflex therapy**

- KinFlex® is a **gentle, effective and relaxing method** from Germany.
- Targeted movements are used to **de-stress the residual reflexes**.
- Usually, **no more than 5 sessions** are necessary (=5 weeks).
- Symptoms can often be reduced by **more than 50%**.

**Find out whether you can benefit from the reflex therapy:**

**Test now** 



**About me**

I am **Dr Violetta Neumann-Wolff**, systemic-orientated consultant, personal development coach and certified KinFlex® reflex therapist. For **more than 10 years** I have specialised in the in-depth analysis and solution of complex problems. KinFlex® reflex therapy is one of the tools I use to help people **realise their full potential and thrive**.

**Legal notice**

I am a consultant, energetic coach and certified KinFlex® reflex therapist and not a medical doctor or alternative practitioner. The KinFlex® treatment serves to promote the development of children and adults and does not replace medical treatment. Consultation with a doctor is necessary for existing diagnoses. Please inform me about the health situation and current treatments.



**Where does the treatment take place ?**

The shared practice is centrally located in **Lisbon** (Cais do Sodré). I also do treatments in **Zurich** and **Zug** (German or English).

**Next step**

Please book a **free 20-minute consultation**. Based **on the completed questionnaire**, we will discuss your situation and a possible start date.

**Contact**

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